

Determination of Antiemetic, Antimicrobial, Anti-Radical and Cytotoxic Activity of Methanolic Extracts of *Centella asiatica*

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Tocitethisarticle:

Md. Shohel Hossain, Fahmida Abdullah Tuly, Sharmin Akter, Md Saiful Islam Arman, Md. Abdul Aziz, Md. Ekhtear Mahmud, Palash Das, Mohammad Hasem Babu, Md. Monirul Islam. Determination of Antiemetic, Antimicrobial, Anti-Radical and Cytotoxic Activity of Methanolic Extracts of *Centella asiatica*. *Plant*. Vol. 6, No. 1, 2018, pp. 1-7. doi: 10.11648/j.plant.20180601.11

Received: March 5, 2018; **Accepted:** March 24, 2018; **Published:** April 13, 2018

Abstract: This study was conducted to investigate the antiemetic, antimicrobial, antioxidant and cytotoxic activity of methanolic extracts of *Centella asiatica*. The antiemetic assay was carried out by using chick emetic model with minor modifications by calculating the mean decrease in the number of retching. The antimicrobial activity of the crude extract was performed by Disc Diffusion method. The anti-radical activity was determined by the 2,2-diphenyl-2-picrylhydrazyl hydrate (DPPH) method. Brine shrimp lethality bioassay is done to determine cytotoxic activity. The anti-emetic activity of *Centella asiatica* leaves on young chicks revealed that these extracts have a less anti-emetic effect. The group of chicks treated with Chlorpromazine was found to have 38.4 retches as compared to the 60.4 retches of the control group, thus Chlorpromazine reduced the retches by 36.96%. The chickens treated with leaves extracts inhibited the retches up to 15.67%. The minimum antimicrobial effect was found in this methanol crude extract. The extract did not appear potent in terms of both zones of inhibition and spectrum of activity. In anti-radical activity test, the extract showed moderate free radical scavenging activity with IC₅₀ value 241.71 µg/ml. while compared to that of the reference standard ascorbic acid. Moreover, the methanolic crude extracts also possess moderate cytotoxic principles potential (LC₅₀ value of 39.06 µg/ml) comparing with that of standard vincristine (0.839 µg/ml).

Keywords: Antiemetic, Antimicrobial, Antioxidant, Cytotoxicity, *Centella asiatica*

1. Introduction

A large amount of diverse bioactive compounds are produced from plant sources that provide not only basic nutrition but also health benefits. Various studies show that diet well provided with vegetables and fruits are advantageous for health [1]. Epidemiological evidence suggests that vitamins A, C, E, and phenolic compounds (flavonoids, tannins, and lignins) perform vital roles to delay

aging, reduce inflammation, and prevent certain type of cancers [2]. The outstanding revolution of modern medicine actually comes from the natural sources and the medicinal plants play an important role from the beginning of this track. Estimation shows that about 80% of world's population use plants as medicine [3]. The medicinal plants are rich in secondary metabolites and essential oils of

therapeutic importance. Only 150-200 plants are used in western medicine where about 10,000 to 15,000 plants are listed for medicinal significance worldwide [4]. Demand for the medicinal plant is increasing in both developing and developed countries due to growing recognition of natural products, being non-narcotic, having no side-effects, easily available at affordable prices and sometimes the only source of health care available to the poor.

Antiemetic agents work against emesis that is induced by side effects of various drugs usually general anesthetics, opioid analgesics, chemotherapy for cancer and motion sickness [5]. Synthetic antiemetic drugs also show side effects after long-term use. Thus natural products manufacturing has remarkably become a timely demand [6]. Antimicrobial susceptibility testing is applied for drug discovery and investigation of potential antimicrobial agents [7]. Microbial resistance is increasing day by day generating uncertainty about the future use of antimicrobial drugs. Plants extracts and Phytochemicals with known antimicrobial properties can be significantly used for therapeutic treatments [8].

Oxygen-derived radicals or ROS are generated constantly as part of normal aerobic life which is responsible for different diseases. Thus the study of free radicals has been considered a great deal of interest in recent years [9]. ROS are able to damage vital molecules like DNA, lipids, carbohydrates, proteins etc as they are highly reactive and unstable [10]. Studies show that high level of free radicals results in various fatal diseases like cancer and respiratory disorder [11], cardiovascular disease [12], diabetes and neurodegenerative disease [13], arthritis [14], hypertension and preeclampsia [15]. Antioxidants reduce the damaging ability of free radicals by donating an electron to a rampaging free radical and neutralizing it [16]. Phytochemicals that protect against free radical damage, accumulate in fruits and vegetables in high concentration. They act as natural antioxidants that limit and lessen the oxidative damage caused by reactive oxygen species (ROS) [17, 18].

Centella asiatica (*C. asiatica*) (Apiaceae family) also known as Hydrocotyle asiatica, Asiatic pennywort or Indian pennywort is herbaceous, self-fertile, can grow in semi-shade or no shade, frost-tender evergreen perennial plants with an aromatic odor. It is indigenous to the Indian subcontinent, Southeast Asia, and wetland regions of the Southeastern US. Now it is widely cultivated throughout the temperate and tropical regions of the world. It is also a very popular medicinal and economic plant in Indonesia, In Vietnam, Thailand, China, India and Bangladesh people use *C. asiatica* as salad ingredients and healthy drinks [19]. It is well known for its medicinal value in several traditional systems of medicine such as Ayurvedic medicine, Western Herbal Medicine, traditional African medicine, traditional Chinese medicine and in western orthodox medicine. In Ayurveda, It is used for the treatment of urethritis [20], wound healing [21, 22], for revitalizing the nerves and brain cells [23], ulcers [24], leprosy, skin diseases, asthma, body

aches, bronchitis, elephantiasis, eczemas, anxiety, cataract, eye troubles, diarrhoea among children [25]. Besides, it promotes fibroblast proliferation and collagen synthesis [26].

This study was conducted to investigate the antiemetic, antimicrobial, antioxidant and cytotoxic activity of methanolic extracts of *C. asiatica*.

2. Materials and Methods

2.1. Chemicals

All of the chemicals used in this study were of analytical grade. Copper sulfate was purchased from Scharlau Chem-ie S.A. Barcelona, Spain. Metoclopramide hydrochloride was collected from Eskayef Bangladesh Ltd. Dimethyl sulfoxide (DMSO), Polyoxyethylene sorbitan monooleate (Tween 80) and methanol was purchased from Merck, Darmstadt, Germany.

2.2. Collection and Proper Identification of Plants Sample

The plant was collected from Lakshimpur District, Bangladesh and was identified by Botany Department, Noakhali Government University College, Noakhali.

2.3. Drying and Grinding of Plant Materials

The collected plant parts (leaves) were separated from undesirable materials and washed with water to eradicate adhering dirt. They were sun-dried for a week and grind into a coarse powder with the help of a suitable grinder. The grinded powder was stored in an airtight container and kept in a cool, dark and dry place until analysis commenced.

2.4. Extraction of Plant Materials

The Powdered material having a weight of 225 gm were taken in a clean, flat-bottomed colored glass container and drenched in 1200 ml of methanol at 25°C. To resist the entrance of air the container with its contents was closed properly and preserved for 7 days accompanying occasional shaking and stirring to get better extraction. The whole mixture then underwent to a coarse filtration by a piece of clean, white cotton material. Then it was filtered through a cotton plug. The filtrate (methanol extract) obtained was evaporated under the ceiling fan and in a water-bath until dried. It rendered a gummy concentrate of greenish black color. The gummy concentrate was designated as a crude extract of methanol.

2.5. In Vivo Antiemetic Activity

The antiemetic assay was carried out by using chick emetic model [27] with minor modifications by calculating the mean decrease in the number of retching. Young male chicks, 2- 4 days of age, weighing from 30-32 gm were obtained from a local poultry store. After 24 hrs fasting, the antiemetic activity was evaluated. The chicks were divided into three groups of five chicks each and each chick was kept in a large beaker at 25°C for 10 minutes. The extracts of *C.*

asiatica leaves dissolved in 0.9% saline containing 5% DMSO and 1% Tween 80 and administered at a dose of 150 mg/kg and 10ml/kg of control orally to the test animal on the basis of their body weights. Control groups received only saline solution (0.9% NaCl solution). After 10 minutes copper sulfate was administered orally at 50 mg/kg, then the number of retching was observed during next ten minutes. Chlorpromazine was used as a standard drug (150 mg/kg.b.w).

The antiemetic effect was assessed as the decrease in the number of retches in the treated group in contrast to the control. The inhibition (%) was calculated as follows:

$$\text{Inhibition (\%)} = [(A-B)/A] \times 100$$

Where A is the frequency of retching of control group and B is the frequency of retching of the treated group.

2.6. Antimicrobial Screening

The antimicrobial assay of the crude extract of *C. asiatica* was carried out by Disc Diffusion method. The bacterial and fungal strains used in the experiment were collected as pure cultures from the Institute of Food and Nutrition, University of Dhaka, Bangladesh. *Staphylococcus aureus* was taken as a gram-positive organism and *Escherichia coli*, *Pseudomonas aeruginosa*, *Enterobacter* and *Vibrio cholera* were taken as gram-negative organisms. Nutrient agar medium (DIFCO) was used in the present study for testing the sensitivity of the organisms to the test materials and to prepare fresh cultures.

2.7. Preparation of the Medium

To prepare the required volume of this medium, the calculated amount of each of the constituents was taken in a conical flask and distilled water was added to it to make the required volume. The contents were heated in a water bath to make a clear solution. The pH (at 25°C) was adjusted at 7.2-7.6 using NaOH or HCl. 10 ml and 5 ml of the medium was then transferred in screw cap test tubes to prepare plates and slants respectively. The test tubes were then capped and sterilized by autoclaving at 15-lb pressure at 121°C for 20 minutes. The slants were used for making the fresh culture of bacteria and fungi that were in turn used for sensitivity study.

In an aseptic condition, the test organisms were transferred from the pure cultures to the agar slants. The inoculated strains were then incubated for 24 hours at 37°C for their optimum growth.

The test organisms were then transferred from the subculture to the test tubes containing about 10 ml of melted and sterilized agar medium. The test tubes were shaken and the bacterial and fungal suspension was immediately transferred to the sterilized petridishes. Three types of discs were used for antimicrobial screening. Standard Discs were used as positive control to ensure the activity of standard antibiotic against the test organisms. In this investigation, Ciprofloxacin 5 mg standard disc was used as the reference.

Blank Discs were used as negative controls which ensure that the residual solvents and the filter paper were not active themselves.

Methanolic extract of *C. asiatica* was dissolved in methanol to obtain the desired concentrations (400 µg/disc) in an aseptic condition. Sterilized metrical (BBL, Cocksville, USA) filter paper discs were taken in a blank petridish under the laminar hood. Then discs were soaked with solutions of test samples and dried.

The sample discs, the standard antibiotic discs and the control discs were placed gently on the previously marked zones in the agar plates pre-inoculated with test bacteria and fungi. The plates were then kept in a refrigerator at 4°C for about 24 hours upside down to allow sufficient diffusion of the materials from the discs to the surrounding agar medium. The plates were then inverted and kept in an incubator at 37°C for 24 hours.

After incubation, the antimicrobial potency of the test materials was determined by measuring the diameter of the zones of inhibition in millimeter with a transparent scale. In order to avoid any type of cross-contamination by the test organisms, the antimicrobial screening was done in Laminar Hood and all types of precautions were highly maintained. Petridishes and other glassware, Micropipette tips, cotton, forceps, blank discs etc. were also sterilized.

2.8. The Anti-Radical Activity

The free radical scavenging activity (antioxidant potential) was determined by the 2,2-diphenyl-2-picrylhydrazyl hydrate (DPPH) method [28]. DPPH is a stable free radical having delocalized spare electron over the molecule which produces a deep violet color. When a substance having the ability to donate a proton is mixed with a DPPH solution, the violet color disappears indicating the reduced form of DPPH [29]. 0.3mg DPPH (0.004%w/v) is weighted accurately and dissolved in 15ml methanol to make the concentration 20 µg/ml. 100 mg of dried sample extract was dissolved in 10 ml of methanol for the concentration of sample solution 10 µg/ml. 21 test tubes were taken and each of this labeled for 5ml, in which 10 test tubes for different conc. of the sample solution, 10 test tubes for different conc. of standard solution and 1 test tubes for blank which was filled with 3ml DPPH solution and 2ml of methanol. In each test tube (Except blank test tube) 3ml of DPPH solution (20 µg/ml) was taken and then mixed at different concentration (500 µg/ml, 250 µg/ml, 125 µg/ml, 62.5 µg/ml, 31.25 µg/ml, 16.625 µg/ml, 7.813 µg/ml, 3.906 µg/ml, 1.953 µg/ml and 0.997 µg/ml) of 2ml sample solution. After 30 min reaction period at room temperature in dark place, the absorbance was taken at 517 nm against methanol as blank by UV spectrophotometer. The Control sample was prepared by using the same conc. of ascorbic acid instead of sample solution (plant extract). The absorbance was recorded and percentage scavenging (IC₅₀%) was determined using the following equation and was compared with ascorbic acid which was used as a standard.

$$(IC_{50}\%) = (1 - \text{Absorbance of test sample} / \text{Absorbance of control}) \times 100$$

Where Absorbance of the control means blank absorbance (containing all reagents except the test material).

Extract concentration providing 50% inhibition (IC_{50}) was calculated from the graph plotted inhibition percentage against extract concentration.

2.9. Cytotoxic Activity

Brine shrimp lethality bioassay is a simple, rapid, reliable, inexpensive and convenient cytotoxicity test of bioactive compounds. It is established on the killing ability of a simple zoological organism *Artemia salina* (brine shrimp eggs) used to determine the cytotoxic activity [30]. The brine shrimp eggs collected from pet shops was used as the test organism. Two days (48 hours) were allowed to hatch the shrimp and to be

matured as nauplii in artificial seawater (3.8% NaCl solution) [31, 32]. Constant oxygen supply was provided throughout the hatching time. 4mg of the sample was dissolved in 200µl of DMSO and diluted as 400, 200, 100, 50, 25, 12.5, 6.25, 3.125, 1.5625, 0.78125µg/ml by serial dilution method in each vial containing 5 ml of saline water (3.8% NaCl solution). 100 µl DMSO diluted to 5 ml of simulated seawater was used as a negative control. Standard vincristine sulfate was used as positive control. Ten living nauplii were added to all experimental and control vials with the help of Pasteur pipette. After 24 hours keeping undisturbed, each vial was inspected to count lived nauplii using a magnifying glass. Obtained data were used to calculate the percent mortality for each concentration by the following equation

$$\% \text{ mortality} = (\text{no. of dead nauplii} / \text{initial no. of live nauplii}) \times 100.$$

Where,

The Initial number of live nauplii is 10. The median lethal concentration (LC_{50}) was determined from the graph plotting log of concentration versus percent mortality.

2.10. Statistical Analysis

All numerical data are expressed as the mean \pm SEM (standard error of the mean) and Statistical analysis was carried out using Student's t-test and differences between means were considered to be significant when $p < 0.05$.

3. Result

3.1. In Vivo Antiemetic Activity

Number of retches recorded for crude methanolic extracts of *C. asiatica* leaves and standard drug is given in table below –

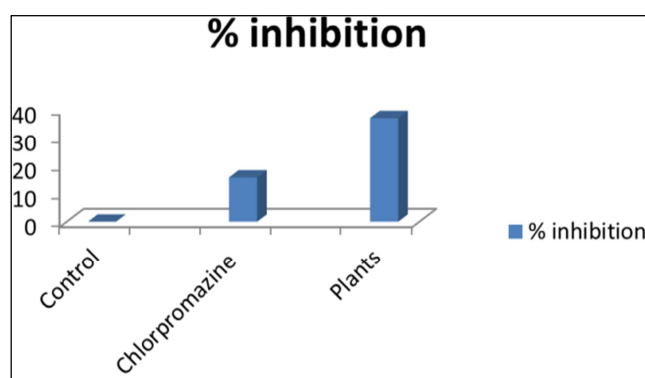


Figure 1. % of inhibition of retches of white leghorn for leave extracts.

Table 1. % of inhibition of Retches for *C. asiatica* Extract.

Drug/Dose	No. of retches (Mean \pm SEM)	% inhibition
Control (10ml/kg)	60.4 \pm 13.93	0.00
Chlorpromazine (150mg/kg)	38.4 \pm 10.19	36.96%

Drug/Dose	No. of retches (Mean \pm SEM)	% inhibition
<i>Centella asiatica</i> leaves(150mg/kg)	49.2 \pm 4.22	15.67%

3.2. Antimicrobial Screening

The methanolic crude extract didn't inhibit the growth of *Staphylococcus aureus*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Vibrio cholera*, *Enterobacter* having zone size 4 mm, 1 mm, 2 mm, 5mm and 3 mm respectively.

Out of all the samples, the methanolic crude extract did not appear potent in terms of both zones of inhibition and spectrum of activity.

Table 2. Antimicrobial activity of test samples of *C. asiatica*.

Test microorganisms	Diameter of zone of inhibition (mm) \pm SEM	
	MCE	Ciprofloxacin
Gram-positive Bacteria		
<i>Staphylococcus aureus</i>	4 \pm 0.33	16 \pm 0.37
Gram-negative Bacteria		
<i>Escherichia coli</i>	1 \pm 0.02	31 \pm 1.15
<i>Pseudomonas aeruginosa</i>	2 \pm 0.57	36 \pm 1.32
<i>Vibrio Cholera</i>	5 \pm 0.88	11 \pm 1.45
<i>Enterobacter</i>	3 \pm 0.34	30 \pm 1.84

[MCE: Methanolic crude extract of the leaves (400µg/disc)]

3.3. The Anti-Radical Activity

The methanol extract of *C. asiatica* was tested for Free radical scavenging activity. The absorbance of different concentration of methanol extract of plant seeds of *C. asiatica* is shown below.

Table 3. IC_{50} value of methanol soluble fraction of *C. asiatica* and ascorbic acid.

S.N.	Sample	IC_{50} (µg/ml)
1.	Methanol soluble fraction	241.71
2.	Ascorbic acid	27.23

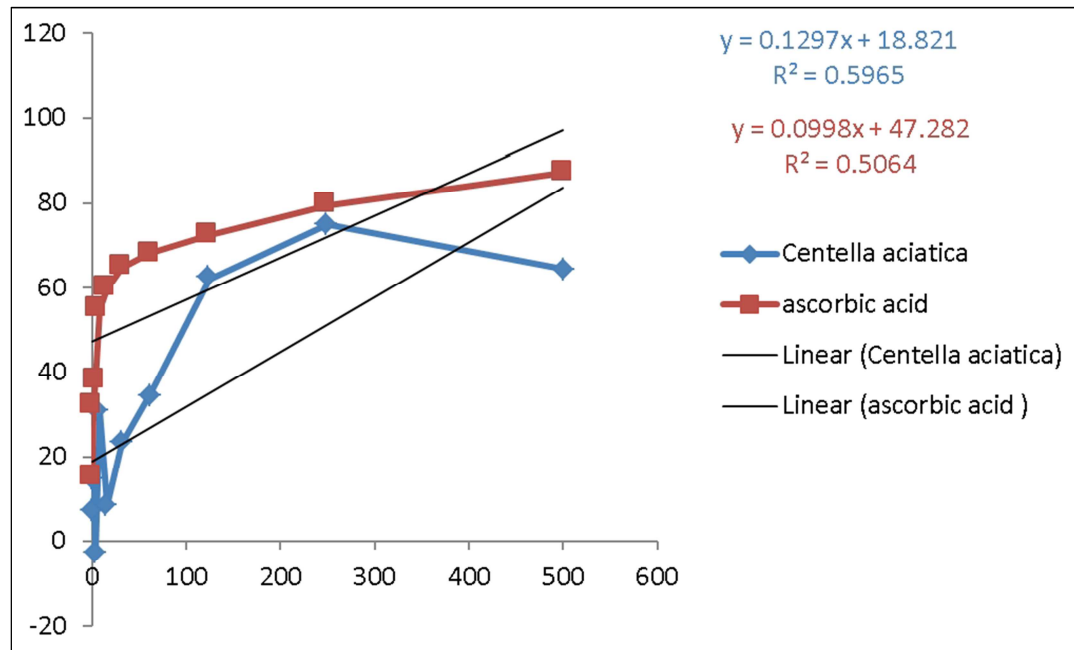


Figure 2. IC₅₀ value for extract and ascorbic acid standard using DPPH.

3.4. Brine Shrimp Lethality Bioassay

Bioactive compounds are almost always toxic at a higher dose. Thus, in vivo lethality in a simple zoological organism can be used as a convenient informant for screening and fractionation in the discovery of new bioactive natural products. In the present bioactivity study, the summary of the result was given below.

Table 4. Results of the test sample of *Centella asiatica*.

Sample	LC ₅₀ (µg/ml)	Regression Equation	R ²
Vincristine Sulphate (Positive control)	0.839	$y = 34.02x + 52.58$	0.952
Methanol Extract	39.06	$y = 40.668x - 14.731$	0.906

Table 5. Effect of Methanolic Extract of *Centella asiatica* and Vincristine Sulphate on Brine Shrimp *Nauplii*.

Methanol Extract				Vincristine Sulphate			
Conc (C)(µg/ml)	Log C	% Mortality	LC ₅₀ (µg/ml) Based on Log C	Conc (C)(µg/ml)	Log C	% Mortality	LC ₅₀ (µg/ml) Based on Log C
400	2.602059991	100	39.06	40	1.602059991	100	0.839
200	2.301029996	90		20	1.301029996	90	
100	2.000000000	70		10	1.000000000	90	
50	1.698970004	50		5	0.698970004	80	
25	1.397940009	30		2.5	0.397940009	70	
12.5	1.096910013	10		1.25	0.096910013	70	
6.25	0.795880017	10		.625	-0.20411998	50	
3.125	0.494850022	0		.3125	-0.50514997	30	
1.5625	0.193820026	0		.15625	-0.80617997	20	
.78125	-0.10720997	0		.078125	-1.10720997	10	

4. Discussion

The anti-emetic activity of *C. asiatica* leaves on young chicks revealed that these extracts have a less anti-emetic effect. After administration of a dose of 150 mg/kg Chlorpromazine and the extracts of leaves, the numbers of retches were reduced. The group of chicks treated with Chlorpromazine was found to have 38.4 retches as compared to the 60.4 retches of the control group, thus Chlorpromazine reduced the retches by 36.96%. The chickens treated with

leaves extracts inhibited the retches up to 15.67%. Therefore, the extract of leaves inhibited emesis to an extent not greater than Chlorpromazine at 150 mg/kg. On the basis of these results, it may be concluded that extracts of leaves have less anti-emetic potential and are comparable with that of Chlorpromazine (the reference drug).

T. Arumugam et al. reported significant antibacterial activity of *C. asiatica* extracted with methanol, acetone, chloroform, and water. The maximum inhibitory effect was found in methanol extract [33]. In another study, R. Perumal et al (2011) also noticed significant and higher rate of

antimicrobial activity against various gram negative and gram positive bacteria [34]. However, in the present study, the methanolic crude extract didn't inhibit the growth of *Staphylococcus aureus*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Vibrio cholera* and *Enterobacter* having zone size 4 mm, 1 mm, 2 mm, 5mm and 3 mm respectively.

The IC₅₀ value that is the concentration of drug required to inhibit the growth and proliferation of the cells by 50% was used as an indicator in measuring the toxicity exhibited by the plant crude extracts [35]. By the standard set by National Cancer Institute, a crude extract is said to have anti-tumor properties when the IC₅₀ value is less than 50 µg/ml [36]. In this study, the IC₅₀ methanol extract was found to be 241.71 µg/ml. However, Pittella *et al.* (2009) reported that the aqueous extract of *C. asiatica* does not show anti-proliferative activity against mouse melanoma (B16F1), human breast cancer (MDA MB-231) and rat glioma (C6) cell lines with IC₅₀ value of 698.0 µg/mL, 648.0 µg/mL and 1000.0 µg/mL, respectively [36, 37]. In another study, purified fractions of *C. asiatica* showed anti-proliferative effect with IC₅₀ values of 17 µg/mL and 22 µg/mL against Ehrlich ascites tumor cells [29, 38]. *Mijanur et al.* (2013) reported the IC₅₀ values of 100% & 50% ethanol extract and water extract of *C. asiatica* 35.6±1.3 µg/ml, 7.1±1.5 µg/ml and 10.3±1.2 µg/ml respectively [39]. Ascorbic acid was used as the positive control in this assay. Ascorbic acid, as a dietary antioxidant, minimizes the damage caused by the reactive oxygen and nitrogen species [40]. The IC₅₀ value of ascorbic acid was 27.23 µg/ml in this study.

The measurement of toxicity is very crucial in biological and ecological investigations. The LC₅₀ methanol extract was found to be 39.06 µg/ml. The positive control Vincristine sulfate showed LC₅₀ at a concentration of 0.839 µg/ml. From the results of the brine shrimp lethality bioassays, it can be well predicted that the methanol extract possesses cytotoxic properties. Rishikesh *et al.* (2012) reported different mortality rates at different concentrations. The values found in the crude extract, n-hexane, and CCl₄ were 1.905 µg/ml, 1.831 µg/ml, and 1.152 µg/ml respectively. A significant LC₅₀ value of the extract was noted 39.06 µg/ml [41] which demonstrates that the extract of *C. asiatica* shows the potentiality to kill cancer cells [42]. In this study, Comparison with positive control Vincristine signifies that cytotoxicity exhibited methanol extract might have mild antitumor and pesticidal activity. However, this cannot be confirmed without further higher and specific tests.

5. Conclusion

C. asiatica is used in vast range of pharmacological activity in addition to the food value. Pharmacological activity varies through the differences of extraction solvent. So, it should be paid a great emphasis. Various pharmacological activity such as antioxidant, antiemetic, cytotoxic, antimicrobial activity etc was demonstrated significant in this study.

Acknowledgements

The authors gratefully acknowledge the Manarat International University and State University of Bangladesh Research System for providing financial support to conduct this research work.

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