

## Case Report

# Cutaneous Kaposi Sarcoma Indicative of HIV/AIDS Infection: Two Cases Report and Review of the Literature at Regional Hospital Centre of Niamey (Niger)

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**Abstract:** Kaposi sarcoma (KS), first described in 1872 by the dermatologist Moricz Cohen Kaposi, is the most common neoplasm of people living with HIV today. Kaposi Sarcoma remains the most common cancer in people living with HIV in sub-Saharan Africa, where it causes significant morbidity and mortality. We report the case of two patients from Niger, aged 43 and 65 years old, who consulted unit of HIV care the Niamey Regional Hospital for an exploration of skin lesions in a context of altered general condition including significant weight loss. The clinical diagnosis of Kaposi's disease on a background of HIV immunodeficiency was retained. The clinical lesions were infiltrating cutaneous bluish nodular skin lesions with macules located on the legs, forearm and abdomen. The treatment consisted in putting the patients on high antiretroviral treatment followed by courses of chemotherapy. The combination of high antiretroviral therapy was started with TDF-3TC-EFV one tablet daily at bedtime. These study show the clinical polymorphism, the diagnostic delay and the treatment including polychemotherapy and antiretroviral drugs. Early diagnosis and detection of lesions could improve management and the prognosis of this disease.

**Keywords:** Cutaneous Kaposi's Disease, HIV/AIDS Disease, ART CHR/Niamey Niger

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## 1. Introduction

Kaposi sarcoma (KS), first described in 1872 by the dermatologist Moricz Cohen Kaposi, is the most common neoplasm of people living with HIV today. Despite a decline in incidence since the introduction of combination anti-retroviral therapy, KS remains the most common cancer in people living with HIV in sub-Saharan Africa, where it causes significant morbidity and mortality. It has become an AIDS-classifying condition. It is the most frequent malignant tumor in HIV-infected individuals [2, 5-7]. Its development is related to infection with human herpes virus 8 (HHV-8) [1, 4-8]. We report the case of two patients with cutaneous MK

revealing HIV infection.

## 2. Cases Report

### Case 1

We report the case of a 43-year-old female patient, without any particular pathological history, who consulted for an alteration of the general stage in a context of important weight loss amounting to 10% of her weight in one month. On clinical examination, blue-reddish nodular skin lesions were found on the legs, feet and intergluteal folds. These lesions are

infiltrating and poorly limited (Figure 1). No oropharyngeal, genital or ocular involvement is noted. Elsewhere, there are no digestive, respiratory, cardiac or urinary signs. The biological examination shows a slight biological inflammatory syndrome with a positive CRP, an accelerated VS, a hyperleukocytosis at  $12000/\mu\text{L}$ , a normochromic normocytic anemia at  $10\text{ g/dL}$ . These skin lesions described above allowed us to evoke the diagnosis of Kaposi's disease. The retroviral serology performed came back positive for HIV 1 with a CD4 T-cells count of  $255\text{ cells/mm}^3$  and viral load at  $25000\text{ copies/mm}^3$ . Chest X-ray, abdominal and pelvic ultrasound and esophageal microscopy were normal. In view of these skin lesions and the positive HIV retroviral serology, we retained the clinical diagnosis of epidemic Kaposi's disease associated with AIDS.

#### Case 2

The second case is the case of a 65-year-old patient with no known pathological history who was admitted for prolonged fever in a context of altered general condition and severe anemia.

The clinical examination revealed a cachexia patient with infiltrating bluish nodular skin lesions with macules on the legs, forearm and abdomen (Figure 2). No involvement of the oral and anal mucosa.

Elsewhere, there was no oral mycosis, no peripheral adenopathy on palpation, no hepatomegaly or splenomegaly.

The biological examinations showed severe anemia at  $6.3\text{ g/dL}$  microcytic without hyperleukocytosis, an accelerated sedimentation rate greater than  $100\text{ mm at }1\text{ h}$ , CRP at  $84\text{ mg/L}$ , HIV retroviral serology was positive with a CD4 T-cells count at  $91\text{ cells/mm}^3$  and viral load at  $263000/\text{mm}^3$ , Chest X-ray and abdominal ultrasound were normal.

HHV8 serology and skin biopsy were not performed for both patients due to lack of adequate technical facilities.

A pre-treatment assessment within the framework of the Niger initiative for access to antiretroviral treatment (INAARV) was carried out to start patients on antiretroviral treatment and adjuvant multidrug therapy. The combination of high antiretroviral therapy was started with TDF-3TC-EFV one tablet daily at bedtime.



**Figure 1.** Nodular lesions bilateral on legs and feet.



**Figure 2.** Skin lesions on the legs, feet and intergluteal folds.



**Figure 3.** Nodular lesions on legs and feet.



**Figure 4.** Abdominal skin lesions as plaques.



**Figure 5.** Abdominal and legs skin lesions.

### 3. Discussion

Kaposi's disease in its epidemic form is one of the diseases that revealed the human immunodeficiency associated with HIV in the early 1980s [7]. It occurs in immunocompromised patients or those on long-term immunosuppressive therapy [2, 5]. It is more aggressive than classical Kaposi's disease, with more ubiquitous skin, mucosal and visceral involvement, and can rapidly lead to death [1]. African endemic KS, the most rapidly fatal subtype, is further classified into the subgroups of nodular, florid, infiltrative, and lymphadenopathic.

There is a high incidence among sub-Saharan Africans of up to 10% annually, and this subtype may account for up to 9% of all cancers in the region. The basic lesions are progressively infiltrating macules, erythematous and purplish plaques. These lesions do not disappear with in vitro pressure and often take on an ecchymosis, hemorrhagic or pigmented appearance. Angiomatous nodules with a hard consistency or more rarely, lymphangiectatic nodules with a soft consistency may be associated or observed in isolation [3-5, 7, 8]. Lymphedema may accompany the lesions or even be in the foreground [11-17]. The lesions are usually bilateral, predominating in the extremities, especially the lower limbs [3]. We started the treatment with antiretroviral drugs before chemotherapy with bleomycin, as many other authors have done [2-18, 19, 20, 23]. Remission of lesions was achieved after 24 weeks of chemotherapy, concomitant with antiretroviral therapy. Immune deficiency plays a role in the pathogenesis of this condition, and this remission would probably be attributed to triple antiretroviral therapy, which is likely to lead to the restoration of an immune response capable of controlling HHV8 replication [20-23].

### 4. Conclusions

Our study allowed us to make a double diagnosis despite a limited technical platform. Thus the diagnosis of HIV infection is made from Kaposi's disease, which classifies AIDS stage. The case reports its clinical polymorphism, the diagnostic delay and the treatment including polychemotherapy and antiretroviral drugs. Early diagnosis and detection of lesions could improve management and the prognosis of this disease.

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### Conflicts of Interest

The authors declare no conflicts of interest.

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