

Effect of Comprehensive Nursing Intervention on Emergency Treatment of Acute Myocardial Infarction Patients

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Abstract: Objective: To assess effect of comprehensive nursing intervention on emergency treatment of acute myocardial infarction patients. Methods: 80 patients were invested to join our study who were diagnosed as acute myocardial infarction. They went to the hospital for treatment from March 2017 to July 2019. The participants were randomly assigned to two groups, that included a control group (n = 40) and an intervention group (n = 40). The control group participants received conventional nursing in treatment process. The intervention group participants receive comprehensive nursing intervention. All participants provided the data after their condition stabilized, the data contains first aid time, average hospital stay, the situation of cardiovascular adverse events and patient satisfaction. Result: Base on recording result, first aid time and average hospital stay of intervention group are shorter than that of control group, and those are statistical significance. In cardiovascular adverse events research, intervention group has better performance in cardiovascular adverse, it contains post-infarction angina pectoris [5 (12.5%) vs 10 (25.0%)], heart failure [1 (2.5%) vs 5 (12.5%)], Myocardial infarction recur [1 (2.5%) vs 6 (15.0%)] and cardiac death [0 (0%) vs 1 (2.5%)]. In satisfaction research, intervention group has more very good assessments in the patient report (21 vs 12). Conclusion: the comprehensive nursing intervention has strongly improvement to acute myocardial infarction patients in emergency treatment. Its influence contains not only reducing first aid time and average hospital stay but also reducing the cases of cardiovascular adverse events. Additionally, it also can improve patient satisfaction in the treatment process.

Keywords: Comprehensive Nursing Intervention, Acute Myocardial Infarction, Emergency Treatment

1. Introduction

Acute myocardial infarction (AMI) is acute thrombotic occlusion of the coronary arteries after the rupture of an atherosclerotic, there is the most important manifestation in ischemic heart disease [1]. In addition, necrosis caused by myocardial infarction can cause an acute inflammatory process, it triggered to repair the infarcted area. This process is known as cardiac remodeling and if accompanied by a prolonged inflammatory response, can result in structural, interstitial and molecular changes that result in myocardial dysfunction or negative cardiac remodeling [2-4]. Base on the report, atherosclerosis involves multiple vessels, there is not only limited to a single lesion or vessel in a substantial proportion of patients with acute myocardial infarction [5].

Approximately 50% of patients with AMI have multivessel coronary artery disease, the AMI contain ST segment elevation myocardial infarction and non-ST segment elevation myocardial infarction [6, 7]. Compare with subjects with less extensive coronary artery disease, AMI patient had worse long-term outcomes [8]. Because it had additional plaque instability, impaired myocardial perfusion, or decreased contractility in non-infarct area [9].

Death is a frequent event in the emergency department (ED), that the sudden and traumatic death cause many people experience bereavement of their loved one. Obviously, it had negative health outcomes, that include Prolonged Grief Disorder and Major Depressive Disorder [10, 11]. Therefore, relatives who have experienced bereavement in the Chinese ED are at high risk of health problems, the people need

effective interventions for health problems. In worldwide, emergency departments are struggling to keep pace with the increasing of patients presenting for care [12]. In the United States report, approximately one half of emergency departments operating above capacity. increasing in patient wait times, medical errors, and mortality is the reason in operating above capacity problem, that they cause for emergency department overcrowding [13]. The Aim of our study is that assess the effect of comprehensive nursing intervention on emergency treatment of acute myocardial infarction patients.

2. Methods

2.1. Participants Enrollment and Survey Methods

80 patients were invested to join our study who were diagnosed as acute myocardial infarction. They went to the hospital for treatment from March 2017 to July 2019. The participants were randomly assigned to two groups, that included a control group (n = 40) and an intervention group (n = 40). The control group participants received conventional nursing in treatment process. In intervention group, the participants receive comprehensive nursing intervention, that they had additional nursing intervention in treatment process. All participants provided the data after their condition stabilized, the data contains first aid time, average hospital

stay, the situation of cardiovascular adverse events and patient satisfaction. Our research collected the data by hospital recording, simple questionnaire and interview.

Their inclusion criteria were: (1) The patients were diagnosed as acute myocardial infarction; (2) Patients volunteered to participate in follow-up; (3) They did not suffer from other complications. Their withdraw criteria were: (1) The patients have not normal judgment ability; (2) Poor mental health.

2.2. Statistical Analysis

Our data analyzer performed the statistical analysis by SPSS 22.0. The P value, t-test and chi-square test were associated with collection result were analyzed. Besides, the mean standard deviation for statistical description.

3. Result

The Table 1 shows 3 domains were associated with first aid time and average hospital stay, such as electrocardiogram (ECG) time, venous passage establishment time and hospital stay. Base on recording result, first aid time and average hospital stay of intervention group are shorter than that of control group, and those are statistical significance (4.16 ± 1.88 vs 7.43 ± 2.51 , 3.81 ± 1.72 vs 7.45 ± 1.91 , 10.59 ± 1.90 vs 13.66 ± 2.71).

Table 1. First aid time and average hospital stay (Mean \pm SD).

Projects	Electrocardiogram (ECG) time (min)	Venous passage establishment time (min)	Hospital stay (day)
Intervention group (n = 40)	4.16 ± 1.88	3.81 ± 1.72	10.59 ± 1.90
Control Group (n = 40)	7.43 ± 2.51	7.45 ± 1.91	13.66 ± 2.71
t	7.819	9.701	3.191
P value	< 0.005	< 0.005	< 0.005

In Table 2, it indicates the situation of cardiovascular adverse events in the acute myocardial infarction patient treatment of emergency treatment. Overall, the acute myocardial infarction patients have few cardiovascular adverse events in treatment process. In particular, intervention

group has better performance in cardiovascular adverse, it contains post-infarction angina pectoris [5 (12.5%) vs 10 (25.0%)], heart failure [1 (2.5%) vs 5 (12.5%)], Myocardial infarction recur [1 (2.5%) vs 6 (15.0%)] and cardiac death [0 (0%) vs 1 (2.5%)].

Table 2. The situation of cardiovascular adverse events [n (%)].

Projects	post-infarction angina pectoris	heart failure	Myocardial infarction recur	cardiac death
Intervention group (n = 40)	5 (12.5%)	1 (2.5%)	1 (2.5%)	0 (0%)
Control Group (n = 40)	10 (25.0%)	5 (12.5%)	6 (15.0%)	1 (2.5%)
X ²	1.884	3.981	4.816	2.066
P value	0.174	0.046	0.029	0.141

The patient satisfaction from simple questionnaire, it indicates patient satisfaction in 4 levels (Table 3). The satisfaction rates of two group are similar and high from patient report [39 (97.5%) vs 37 (92.5%)]. However, different level assessment is different between control group and

intervention group. Intervention group has more very good assessments in the patient report (21 vs 12). More patients indicate that the control group satisfaction is good assessment (13 vs 14).

Table 3. Patient satisfaction.

Projects	Satisfaction rate	Very good	good	Pass	Bad
Intervention group (n = 40)	39 (97.5%)	21	13	5	1
Control group (n = 40)	37 (92.5%)	12	14	11	6
X ²	-	-	-	-	4.210
P value	-	-	-	-	0.039

4. Discussion

Acute myocardial infarction is one of the most important manifestation in ischemic heart disease. Its symptoms are occurred after acute thrombotic occlusion of the coronary arteries after the rupture of an atherosclerotic plaque [14]. If the patients with acute myocardial infarction have multivessel coronary artery disease, it had worse long-term outcomes than subjects with less extensive coronary artery disease [15]. In very young adults, acute myocardial infarction has been poorly studied but is estimated to be less than 2% [16]. But the clinical and coronary angiographic profile is quite different in young patients as compared to those who develop coronary artery disease at an older age [17]. Some complications might happen after Acute Myocardial Infarction, one of which being high Blood Pressure. It was reported that Acute Myocardial Infarction patients with hypertension or high-normal Blood Pressure had poor prognosis and might experience adverse cardiac events [16].

According to above research result, the comprehensive nursing intervention has strongly improvement to acute myocardial infarction patients in emergency treatment. Its influence contains not only reducing first aid time and average hospital stay but also reducing the cases of cardiovascular adverse events. Additionally, it also can improve patient satisfaction in the treatment process. In our research, intervention group has shorter electrocardiogram time, venous passage establishment time and hospital stay, it indicates the comprehensive nursing intervention can improve efficiency of first aid and recovery. In addition, the acute myocardial infarction patients have few cardiovascular adverse events in treatment process, but the comprehensive nursing intervention has stronger influence to post-infarction angina pectoris, heart failure, Myocardial infarction recur, and cardiac death. In patient satisfaction research, although the satisfaction rate of two group has not big gap in assessment, the intervention group has more very good assessments from patient report.

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